

STAY FIT AT HOME!



Check out these fitness offers for Anthem & Kaiser members!

To access these valuable programs, you must be signed into your [Anthem](#) or [Kaiser](#) member account.

[Active & Fit](#)

When Anthem or Kaiser members sign up for an Active & Fit gym membership (\$25 per month/\$25 one-time enrollment fee), they can access more than 1,500 on-demand workout videos, and once gyms are open, can visit any of the 11,000 fitness centers in the nationwide Active & Fit network.

- [Kaiser](#) member? Click [here](#), and then sign in to your Kaiser account by clicking on the Learn More box under Active & Fit Direct.
- [Anthem](#) member? Sign in to your Anthem account, then go to Care and then Discounts for the link to Active & Fit.

[ChooseHealthy](#)

Kaiser and Anthem members can get reduced rates on a variety of fitness, health, and wellness products through the ChooseHealthy program, including activity trackers, workout apparel and exercise equipment.

- [Kaiser](#) member? Click [here](#), and then sign in to your Kaiser account by clicking on the Learn More box under ChooseHealthy.
- [Anthem](#) member? Sign in to your Anthem account, then go to Care and then Discounts for the link to ChooseHealthy.

[ClassPass](#) (Special rate for Kaiser members)

Fitness industry leader ClassPass makes it easier for you to exercise from the comfort of home. Try yoga, cardio, and bootcamp, all without leaving your house!

- [Kaiser](#) member? Click [here](#), and then sign in to your Kaiser account by clicking on the Learn More box under ClassPass.
- [Anthem](#) member? Go direct to [ClassPass](#) to open an account and view available plans and pricing.

