New program available January 1, 2023!



Hinge Health

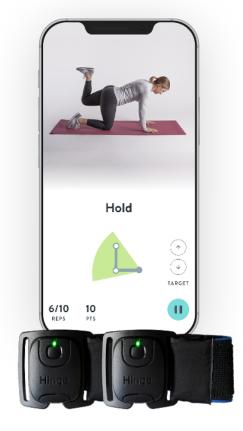
## Conquer back and joint pain without drugs or surgery

You and your eligible family members get access to Hinge Health's programs for **back**, **knee**, **hip**, **shoulder**, **neck**, **or other joint pain at zero cost to you**, which may include:

- Wearable sensors for live feedback in the app
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

**Over 300k** members have joined our programs so far, and cut their pain by nearly 70%!

Eligibility: Employees, early retirees (pre-Medicare), and dependents 18+ enrolled in an ACWA JPIA PPO or CDHP medical plan through Anthem Blue Cross are eligible.





To learn more call (855) 902-2777, or apply at: HINGEHEALTH.COM/ACWAJPIA